

MILITARY WELLNESS MEMBERSHIP PROGRAM CAMBRIDGE AREA YMCA FAMILY CENTER



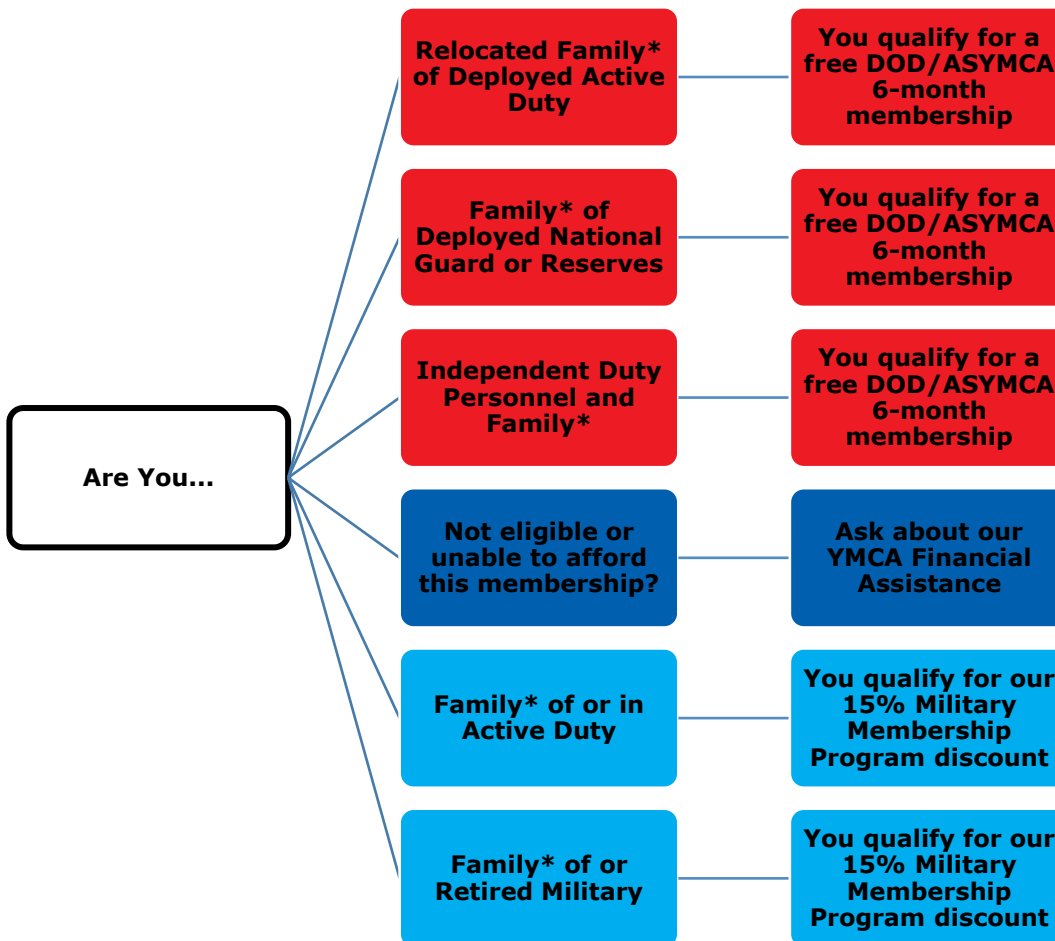
FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



At the Y, we understand the dedication and personal sacrifice that veterans and their families make to protect and serve our nation. As a small token of our gratitude for your military service, we would like to offer a Veterans Wellness

Membership Program to help you and your family achieve your wellness goals. We are proud to offer resources at the YMCA to enhance the lives of military members and their families in mind, body, and spirit.

Please present your Military Identification to the YMCA Front Desk.



*Family is defined as living within the same residence.
ASYMCA = Armed Services YMCA

To build strong kids, strong families, and strong communities by providing educational, social, and physical education programs focusing on life skills, citizenship, character development, and health.